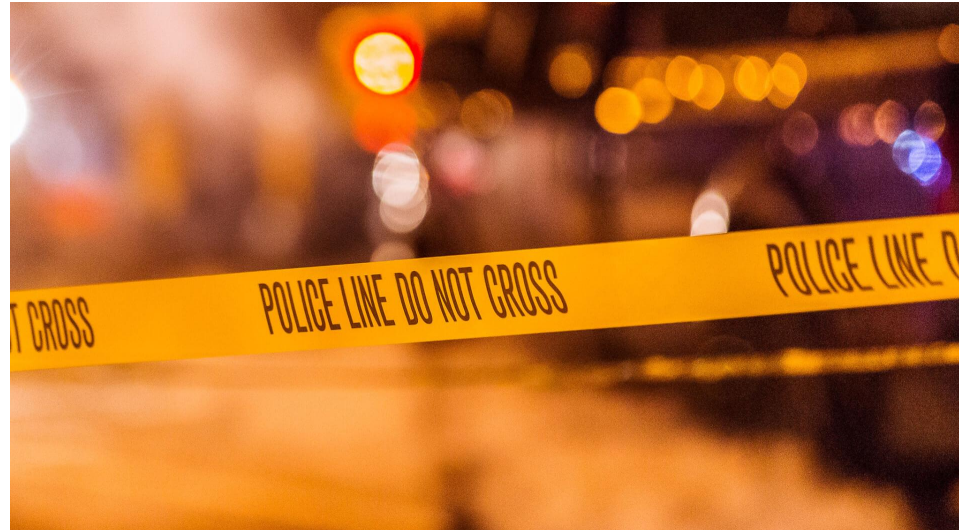


Crime Junkie Rules of Life

Lakewood Office Safety Meeting, November 2024

Ali Hollis



CRIME JUNKIE™



BUILDING A BETTER WORLD

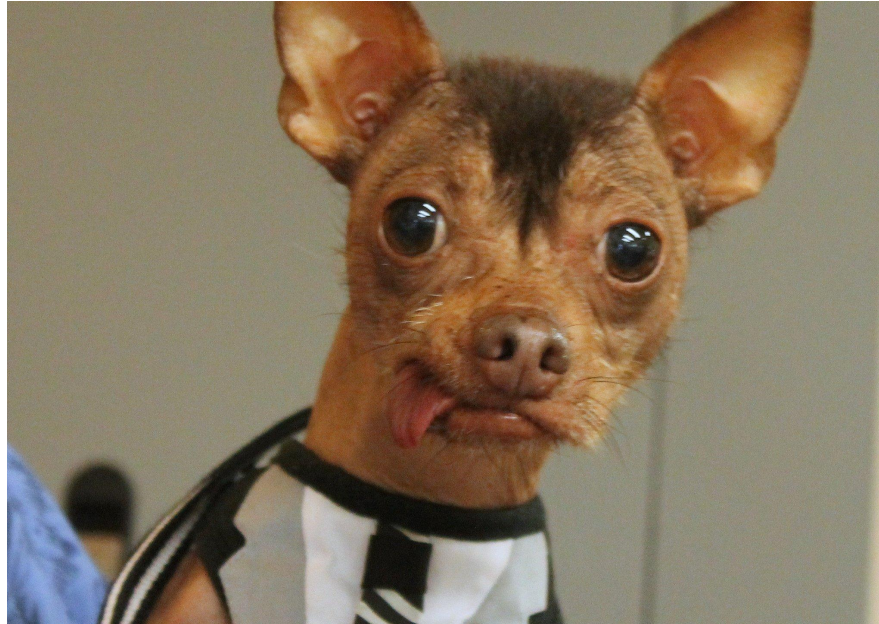


What is *Crime Junkie*, and why do we care?

Female-led true crime podcast!



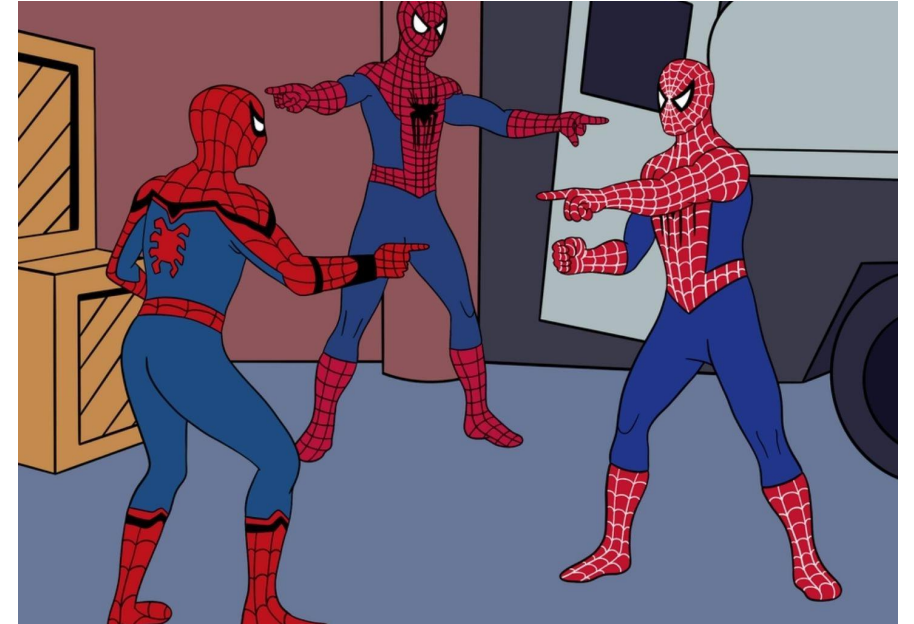
In addition to case information, Ashley and Britt go into historical discussions about how laws came to be, precautions and ways to stay safe, and how we can be advocates for those who can't



Rule #1

Be Weird, Be Rude, Stay Alive

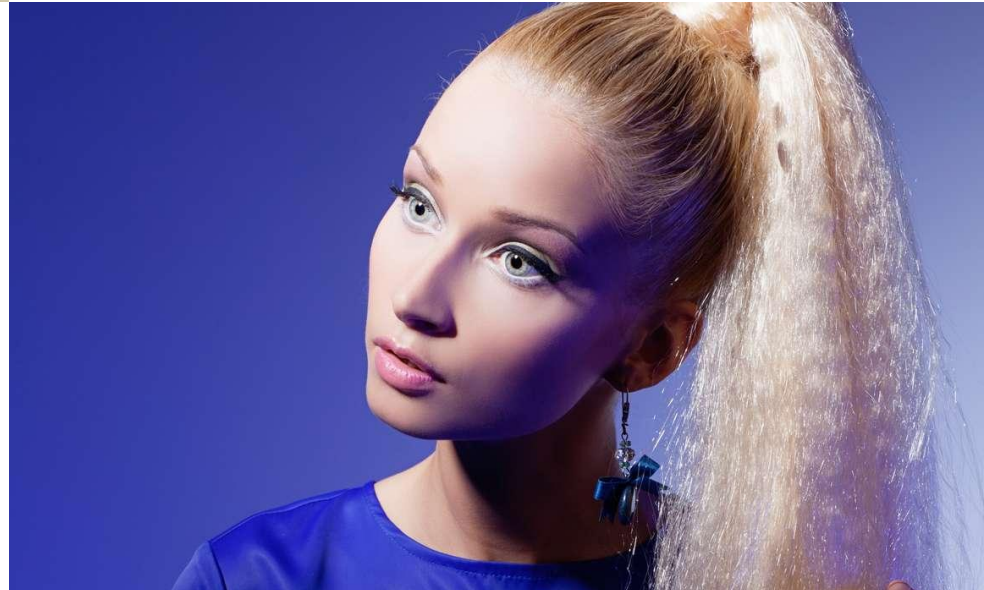
Trust your gut. If something **FEELS** wrong, it probably is.



Rule #2

It's Never a Mannequin

Weird mannequin on the side of the road? In a lake? In the dumpster? I doubt it. **CALL IT IN.**



Rule #3

You Never Really Know Anyone

EVER.



Rule #4

If you have a secret, tell SOMEONE.

Literally any single person.



Rule #6

Never Stay in a Murder Hotel

No explanation needed.

Rule #5

Never Take a Polygraph

These are inadmissible as evidence in court and are essentially a scare tactic used by law enforcement.





Rule #7

Never stay in a highway motel.

Creepy, creepy, creepy!



Rule #9

Don't hitch hike.

No explanation needed.

Rule #8

Never get in a white van.

This goes for all vans, really.





Rule #10

Call to Verify

If you get pulled over by a police officer, it is OK to put your flashers on and call the police station to verify. Remember rule #1



Rule #11

Always get a Lawyer

Yes, even if you have done nothing wrong. I cannot stress this enough – it is EASY for our emotions to take over in high-stress situations. **DO NOT LET THEM BE YOUR DOWNFALL.**



Rule #12

Make an If I Go Missing File

This prepares you and your loved ones for the worst – and immensely speeds up the process and helps law enforcement.

IF I GO MISSING...



It is better to have it and not need it than to need it and not have it.

- Usernames/Passwords
- Physical Appearance
- Medical Diagnoses
- Emergency contact information
- Family and Relationship history
- Fingerprints
- Doctor Information
- Car Information
- Work information

Podcast Episode Name: **IF I GO MISSING: Tanya Rider**

This episode discusses the mysterious disappearance of Tanya Rider, and then goes into detail about the importance of having an If I Go Missing File. Highly recommend listening to gain a better understanding of today's safety topic!

Where To Listen:

Apple Music: <https://podcasts.apple.com/us/podcast/if-i-go-missing-tanya-rider/id1322200189?i=1000546245746>

Spotify: <https://open.spotify.com/episode/0cGcrF4QpmtfcPdsri0bwU?si=98f86cf0fafd45d3>

Direct Website Link: <https://crimejunkiepodcast.com/missing-tanya-rider/> (if you do not have apple music or spotify, use this link to listen from their website for free)

Colorado Missing & Unidentified Persons, 2024

Missing Persons	373 Active Cases
Unidentified Missing Persons	83 Active Cases
Total in 2024	1,753 Cases

As of September 2024, there are 25,240 OPEN Missing Persons Cases across the United States.

The average age of these missing persons is 17.7 Years Old

As of September 2024, there are 15,089 Unidentified Persons across the United States.



BUILDING A BETTER WORLD.

NEVER COMPROMISING SAFETY